River Falls Nutrition Program July 2021 Menu – St. Croix

119 Union Street - 715-425-9932

Serving Monday – Friday

Due to circumstances beyond our control, menu changes may occur from time to time

Monday	Tuesday	Wednesday	Thursday	Friday
Suggested Donation for S Recipients: Congregate Dining: \$5. Home-delivered Meals: \$ Please pay as much as you ca on donations from participants going.	t. Croix County 00 per meal 6.50 per meal In afford, as we rely	How much did the pirate charge for the ear-piercing? A buck an ear!	1 Chicken Fettuccine California Blend Veggies Chef's Choice Fruit Breakstick Dessert	2 Baked Garlic Shrimp Baby Red Potatoes Aspargus Chef's Choice Fruit Dinner Roll Dessert
5 CLOSED Independence Day	6 Ham Loaf Au Gratin Potatoes California Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	7 Pot Roast Mashed Potatoes w/gravy Roasted Brussel Sprouts Chef's Choice Fruit Dinner Roll Dessert	8 BBQ Drumsticks Baked Potatoes California Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	9 Tuna Casserole Cauliflower Chef's Choice Fruit Breadstick Dessert
12 Honey Chicken Fried Rice Stir Fry Veggies Egg Roll Chef's Choice Fruit Dessert	13 Tater Tot Hotdish Carrots Chef's Choice Fruit Garlic Biscuit Dessert	14 Oven Roasted Turkey Mashed Potatoes w/gravy Green Bean Cranberries Dinner Roll Dessert	15 Beet Tips White Rice Peas Chef's Choice Fruit Dinner Roll Dessert	16 Lemon Baked Cod Baked Potato California Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
19 Ham & Veggie Egg Bake Bacon French Toast Sticks Chef's Choice Fruit Dessert	20 Stuffed Peppers Green Beans Chef's Choice Fruit Garlic Biscuit Dessert	21 Oven Fried Chicken Mashed Potatoes w/ gravy Carrots Chef's Choice Fruit Dinner Roll Dessert	22 Lasagna Squash Chef's Choice Fruit Garlic Bread Dessert	23 Crispy Fish Baby Red Potatoes Asparagus Chef's Choice Fruit Dinner Roll Dessert
26 Spinach Artichoke Chkn Baked Potato Carrots Chef's Choice Fruit Garlic Biscuit Dessert	27 Marinated Pork Loin Au Gratin Potatoes Broccoli Chef's Choice Fruit Dinner Roll Dessert	28 Homestyle Meatloaf Mashed Potatoes w/ gravy Peas Chef's Choice Fruit Dinner Roll Dessert	29 Chicken Kiev Wild Rice California Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	30 Salmon Garlic Roasted Potatoes Carrots Chef's Choice Fruit Dinner Roll Dessert